

BAKES

Time Trials

Sunday, June 3, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought **day** of meet, 1 hour prior to start.

1. _____ Phone # _____

Spinach Salad (B24) = 1 Bake

Spinach Salad: 60 oz Baby Spinach, bagged and prewashed. 1 red onion thinly sliced. 16 oz tub of crumbled blue cheese.

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

Garnish Tray (B8) = 1 Bake

Garnish Tray: 8 large sliced tomatoes, 2 large yellow/red sliced onions, 3 heads washed lettuce leaves. Put each in a separate container. **Must arrive by 4:30 pm for evening meet, 10:30 am for morning meet.**

1. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Time Trials (cont.)

Sunday, June 3, 2007

Sno-Cones (B52) = 1 Bake

Sno-Cones supplies: 2 Gallons snow-cone syrup (flavor TBA) and one 200 ct. box of paper Sno-cone cups. **Must be purchased at Cash & Carry, Pleasant Hill** (directions available)

1. _____ Phone # _____

2. _____ Phone # _____

Bottled Water (B50) = 1 Bake

Bottled Water: Three 24 bottle cases of 16 oz. bottled water. (Arrowhead or Crystal Geyser).

1. _____ Phone # _____

Brownies (B10) = 1 Bake

Brownies (48): Hersheys Triple Chocolate. Two 13" x 9" pans, cut into 2" x 3" Pieces. Bring already sliced.

1. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Ranchos Colorados

Saturday, June 9, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought **day** of meet, 1 hour prior to start.

1. _____ Phone # _____

2. _____ Phone # _____

Doughnuts (B5) = 1 Bake

Doughnuts: 2 Dozen Fresh Bakery style(Johnny's, Krispy Crème, or Safeway) Please have 1 dozen of above all glazed, one dozen mixed. Plus 4 large apples & 4 bananas. **Must arrive by 8am.**

1. _____ Phone # _____

2. _____ Phone # _____

Bagels (Noah's only) (B7) = 1 Bake

Bagels (Noah's only): 2 dozen (26 total) - 8 plain, 4 poppyseed, 4 sesame, 4 Asiago cheese, 3 chocolate chip, 3 multi-grain. **Sliced! Must arrive by 8:00 AM.**

1. _____ Phone # _____

2. _____ Phone # _____

Smoothies (B48) = 1 Bake

: Smoothies: two 32oz. cartons vanilla yogurt, one 64oz. carton fruit juice, 64oz frozen fruit (pineapple or .strawberries) will be advised

1. _____ Phone# _____

2. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Ranchos Colorados (continued)

Saturday, June 9, 2007

Garnish Tray (B8) = 1 Bake

8 large sliced tomatoes, 2 large yellow/red sliced onions, 2 heads washed lettuce leaves.
Put each in a separate container. **Must arrive by 4:30pm.**

1. _____ Phone # _____

Caesar Salad (B9) = 1 Bake

Caesar Salad: 6 heads Romaine lettuce, washed and cut into bite size pieces, two 6oz. boxes garlic croutons, 16 oz tub Parmesan cheese **shredded (not grated)**

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

Bottled Water(B50) = 1 Bake

Bottled Water: Three 24 bottle cases of 16 oz. bottled water. (Arrowhead or Crystal Geyser).

1. _____ Phone # _____

Cooked Chicken (B39) = 1 Bake

B39 Chicken: 8 breasts, marinated, baked or grilled, cut into bite sized strips for salad.
May be brought cold. **Must arrive 1 hr. before meet (Weds.).**

1. _____ Phone # _____

2. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Moraga Ranch

Wednesday, June 13, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought **day** of meet, 1 hour prior to start.

1. _____ Phone # _____

Taco Meat (B2) = 1 Bake

B2 4 lbs ground beef browned with 4 packets taco seasonings. Bring Hot!

Must arrive 1 hr before meet.

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

4. _____ Phone # _____

5. _____ Phone # _____

Condiments for Taco Salad (B4) = 1 Bake

Condiments for Taco Salad: 8 large tomatoes chopped, 3 head romaine & 2 heads iceberg lettuce washed & shredded (no bagged lettuce).

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

4. _____ Phone # _____

5. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Moraga Ranch (continued)

Wednesday, June 13, 2007

Taco Garnish (B12) = 1 Bake

Taco Garnish: 4 (8oz.) pouches prepared guacamole(Avo-Classic or Trader Joe brand), 64oz. fresh mild salsa, 1 (32oz) carton sour cream.

1. _____ Phone # _____

2. _____ Phone # _____

Garnish Tray (B8) = 1 Bake

B8 Garnish Tray: 8 large sliced tomatoes, 2 large yellow/red sliced onions, 3 heads washed lettuce leaves. Put each in a separate container.

Must arrive by 4:30pm for pm meet/10:30a for am meet.

1. _____ Phone # _____

Baked Potatoes (B13) = 1 Bake

B13 Baked Potatoes: NO Bag Potatoes. 15 Russet Potatoes (5" & approx 2/3 lb. ea), foil wrapped, Must Arrive Hot, by 5:00pm! Plus 1 16oz. sour cream.

1. _____ Phone # _____

2. _____ Phone # _____

Brownies (B10) = 1 Bake

48 Brownies: Hersheys Triple Chocolate. Two 13" x 9" pans, cut into 2" x 3" Pieces. Bring already sliced .

1. _____ Phone # _____

2. _____ Phone # _____

Bottled Water(B50) = 1 Bake

Bottled Water: Three 24 bottle cases of 16 oz. bottled water. (Arrowhead or Crystal Geyser).

1. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Miramonte

Wednesday, June 20, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought day of meet, 1 hour prior to start.

1. _____ Phone # _____

Bottled Water(B50) = 1 Bake

Bottled Water: Three 24 bottle cases of 16 oz. bottled water. (Arrowhead or Crystal Geysler).

1. _____ Phone # _____

Garnish Tray (B8) = 1 Bake

8 large sliced tomatoes, 2 large yellow/red sliced onions, 2 heads washed lettuce leaves. Put each in a separate container

1. _____ Phone # _____

Spinach Salad (B24) = 1 Bake

Spinach Salad: 60 oz Baby Spinach, bagged and prewashed. 1 red onion thinly sliced. 16 oz tub of crumbled blue cheese.

1. _____ Phone # _____

2. _____ Phone # _____

Lasagna (B30) = 1 Bake

Lasagna: 1 Party size Stouffers Meat Lasagna (or equiv brand) **Must serve 10. Bring Hot. Must arrive by 4:30 pm.**

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

Brownies (B10) = 1 Bake

48 Brownies: Hersheys Triple Chocolate. Two 13" x 9" pans, cut into 2" x 3" Pieces. Bring already sliced .

1. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Orinda Park Pool Wednesday, June 27, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought **day** of meet, 1 hour prior to start.

1. _____ Phone # _____

Caesar Salad (B9) = 1 Bake

B9 Caesar Salad: 6 heads Romaine lettuce, washed and cut into bite size pieces, two 6oz. boxes garlic croutons, 16oz tub Parmesan cheese shredded (not grated)

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

4. _____ Phone # _____

5. _____ Phone # _____

Cooked Chicken (B39) = 1 Bake

B39 Chicken: 8 breasts, marinated, baked or grilled, cut into bite sized strips for salad. May be brought cold. **Must arrive 1 hr. before meet (Weds.)**

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

4. _____ Phone # _____

Garnish Tray (B8) = 1 Bake

Garnish Tray: 8 large sliced tomatoes, 2 large yellow/red sliced onions, 2 heads washed lettuce leaves. Put each in a separate container. **Must arrive by 4:30pm.**

1. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Orinda Park Pool (continued)

Wednesday, June 27, 2007

Brownies (B10) = 1 Bake

48 Brownies: Hersheys Triple Chocolate. Two 13" x 9" pans, cut into 2" x 3" Pieces. Bring already sliced .

1. _____ Phone # _____
2. _____ Phone # _____

Meatballs (B51) = 1 Bake

Meatballs: 1 6 lb bag Kirkland Beef Meatballs, cooked in 3 x 28 oz Marinara sauce. Bring hot by 4:30 pm

1. _____ Phone # _____
2. _____ Phone # _____
3. _____ Phone # _____

Bottled Water(B50) = 1 Bake

Bottled Water: Three 24 bottle cases of 16 oz. bottled water. (Arrowhead or Crystal Geyser).

1. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

LYMA

Saturday, June 28, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought day of meet, 1 hour prior to start.

1. _____ Phone # _____

Doughnuts (B5) = 1 Bake

Doughnuts: 2 Dozen Fresh Bakery style (Johnny's, Krispy Crème, or Safeway): 1 dozen of above all glazed, one dozen mixed. Plus 4 large apples & 4 bananas. **Must arrive by 8am.**

1. _____ Phone # _____

2. _____ Phone # _____

Bagels (Noah's only) (B7) = 1 Bake

Bagels (Noah's only): 2 dozen (26 total) - 8 plain, 4 poppyseed, 4 sesame, 4 Asiago cheese, 3 chocolate chip, 3 multi-grain. **Sliced! Must arrive by 8:00 AM.**

1. _____ Phone # _____

2. _____ Phone # _____

Garnish Tray (B8) = 1 Bake

8 large sliced tomatoes, 2 large yellow/red sliced onions, 2 heads washed lettuce leaves. Put each in a separate container

1. _____ Phone # _____

Bottled Water(B50) = 1 Bake

Bottled Water: Three 24 bottle cases of 16 oz. bottled water. (Arrowhead or Crystal Geyser).

1. _____ Phone # _____

Smoothies (B48) = 1 Bake

Smoothies: two 32oz. cartons vanilla yogurt, one 64oz. carton fruit juice, 64oz frozen fruit (pineapple or .strawberries) will be advised

1. _____ Phone# _____

2. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Moraga Tennis & Swim Club

Saturday, July 14, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought **day** of meet, 1 hour prior to start.

1. _____ Phone # _____

Bottled Water(B50) = 1 Bake

Bottled Water: Three 24bottle cases of 16oz. bottled water

1. _____ Phone # _____

Doughnuts (B5) = 1 Bake

Doughnuts: 2 Dozen Fresh Bakery style(Johnny's, Krispy Crème, or Safeway) Please have 1 dozen of above all glazed, one dozen mixed. Plus 4 large apples & 4 Bananas. **Must arrive by 8am.**

1. _____ Phone # _____

2. _____ Phone # _____

Bagels (Noah's only) (B7) = 1 Bake

Bagels (Noah's only): 2 dozen (26 total) - 8 plain, 4 poppyseed, 4 sesame, 4 Asiago cheese, 3 chocolate chip, 3 multi-grain. **Sliced! Must arrive by 8:00 AM.**

1. _____ Phone # _____

2. _____ Phone # _____

Garnish Tray (B8) = 1 Bake

Garnish Tray: 8 large sliced tomatoes, 2 large yellow/red sliced onions, 2 heads washed lettuce leaves. Put each in a separate container.

1. _____ Phone #: _____

PLEASE PRINT CLEARLY

BAKES

M.T.S.C. (continued)

Saturday, July 14, 2007

Caesar Salad (B9) = 1 Bake

Caesar Salad: 6 heads Romaine lettuce, washed and cut into bite size pieces, two 6oz. boxes garlic croutons, 16 oz tub Parmesan cheese **shredded (not grated)**

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone# _____

Cooked Chicken (B39) = 1 Bake

B39 Chicken: 8 breasts, marinated, baked or grilled, cut into bite sized strips for salad. May be brought cold. **Must arrive 1 hr. before meet (Weds.)**

1. _____ Phone # _____

2. _____ Phone # _____

Smoothies (B48) = 1 Bake

Smoothies: two 32oz. cartons vanilla yogurt, one 64oz. carton fruit juice, 64oz frozen fruit (pineapple or berry) will be advised(4-16oz. bags-available at Trader Joes).

1. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

Moraga Valley Pool

Saturday, July 21, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought **day** of meet, 1 hour prior to start.

1. _____ Phone # _____

Bottled Water(B50) = 1 Bake

Bottled Water: Three 24 bottle cases of 16 oz. bottled water. (Arrowhead or Crystal Geyser).

1. _____ Phone # _____

Doughnuts (B5) = 1 Bake

Doughnuts: 2 Dozen Fresh Bakery style(Johnny's, Krispy Crème, or Safeway) Please have 1 dozen of above all glazed, one dozen mixed. Plus 4 large apples & 4 Bananas. **Must arrive by 8am.**

1. _____ Phone # _____

2. _____ Phone # _____

Bagels (Noah's only) (B7) = 1 Bake

Bagels (Noah's only): 2 dozen (26 total) - 8 plain, 4 poppyseed, 4 sesame, 4 Asiago cheese, 3 chocolate chip, 3 multi-grain. **Sliced! Must arrive by 8:00 AM.**

1. _____ Phone # _____

2. _____ Phone # _____

Garnish Tray (B8) = 1 Bake

Garnish Tray: 8 large sliced tomatoes, 2 large yellow/red sliced onions, 2 heads washed lettuce leaves. Put each in a separate container.

1. _____ Phone #: _____

PLEASE PRINT CLEARLY

BAKES

Moraga Valley Pool (continued)

Saturday, July 21, 2007

Taco Meat (B2) = 1 Bake

B2 4 lbs ground beef browned with 4 packets taco seasonings. Bring Hot!

Must arrive 1 hr before meet.

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

4. _____ Phone # _____

Condiments for Taco Salad (B4) = 1 Bake

Condiments for Taco Salad: 8 large tomatoes chopped, 3 head romaine & 2 heads iceberg lettuce washed & shredded (no bagged lettuce).

1. _____ Phone # _____

2. _____ Phone # _____

3. _____ Phone # _____

4. _____ Phone # _____

Taco Garnish (B12) = 1 Bake

Taco Garnish: 4 (8oz.) pouches prepared guacamole(Avo-Classic or Trader Joe brand), 64oz. fresh mild salsa, 1 (32oz) carton sour cream.

1. _____ Phone # _____

2. _____ Phone # _____

Smoothies (B48) = 1 Bake

Smoothies: two 32oz. cartons vanilla yogurt, one 64oz. carton fruit juice, 64oz frozen fruit (pineapple or berry) will be advised(4-16oz. bags-available at Trader Joes).

1. _____ Phone # _____

2. _____ Phone # _____

PLEASE PRINT CLEARLY

BAKES

CCC Intra Squad

Wednesday, July 25, 2007

ICE (B70) = 1 Bake

10 bags (7lb) ice. Must be brought **day** of meet, 1 hour prior to start.

1. _____ Phone # _____

Baked Potatoes (B13) = 1 Bake

B13 Baked Potatoes: NO Bag Potatoes. 15 Russet Potatoes (5" & approx 2/3 lb. ea), foil wrapped,**Must Arrive Hot**, by 5:00pm! Plus 1 16oz. sour cream.

1. _____ Phone # _____

2. _____ Phone # _____

Garnish Tray (B8) = 1 Bake

Garnish Tray: 8 large sliced tomatoes, 2 large yellow/red sliced onions, 2 heads washed lettuce leaves. Put each in a separate container. **Must arrive by 4:30pm.**

1. _____ Phone # _____

Brownies (B10) = 1 Bake

48 Brownies: Hersheys Triple Chocolate. Two 13" x 9" pans, cut into 2" x 3". Pieces. Bring already sliced .

1. _____ Phone # _____

Lasagne (B30) = 1 Bake

B30 Lasagna : One Party size Stouffers (or equivalent brand) **Must serve 10.**
Bring Hot. Must arrive by 4:30pm.

1. _____ Phone # _____

2. _____ Phone # _____

Bottled Water(B50) = 1 Bake

Bottled Water: Three 24 bottle cases of 16 oz. bottled water. (Arrowhead or Crystal Geyser).

1. _____ Phone # _____

PLEASE PRINT CLEARLY